
Friday, March 4

15.00 **Timelapse video of life processes in nature**

15.05 **Opening of the Congress**
Welcome by Georg Soldner and Erik Baars

Concepts of Life

15.15 **Modern, Postmodern and Integrative worldviews**
Annick de Witt

15.45 **Conventional concepts of life, their limitations and anthroposophic concepts**
Erik Baars

16.15 *Short break*

Research Methods to study Life

16.45 **How to study life with Goethean phenomenology?**
Craig Holdrege

17.15 **How to study life with imagination, inspiration and intuition?**
Dorian Schmidt

17.45 **Q&A with the speakers**

18.15 *Dinner at the Speisehaus (Invitation)*

19.45 **How to study life with Systems Biology?**
NN

Implementation in Clinical Practice

20.15 **How to diagnose together the individual person?**
Pim Blomaard

20.45 **Q&A with all speakers of Dav 1**

21.15 *End*

Saturday, March 5

09.00 **Eurythmy - Vitalizing Exercises**

Katharina Gerlach

09.30 **Research on life processes in eurythmy therapy**

Katharina Gerlach

Workshops

10.00 **In-depth Workshops Round 1**

11.15 Short break

11.45 **In-depth Workshops Round 2**

13.00 Lunch break

14.30 **Poster Sessions**

Young Researchers (organized by Beate Stock-Schroer)

15.30 **Young Researchers Presentation 1**

15.50 **Young Researchers Presentation 2**

16.10 **Young Researchers Presentation 3**

16.30 Short break

Implementation in Clinical Practice

17.00 **Research on life processes in anthroposophic physiotherapy**

Gita van Duinen

17.30 **Biographic development as an expression of life**

Personal development, participation, biography, disease and development

Bettina Berger

18.00 **Q&A with all speakers of Day 2**

18.45 Dinner Break

20.15 **Scenes of the Mysteriendrama "Die Pforte der Einweihung"**

by Rudolf Steiner, *Goetheanum - Ensemble*

21.00 End

Sunday, March 6

09.00 **Music Therapy - Vitalizing Exercises**

NN

Inspiration from other work areas

09.30 **In search for biodynamic milk quality, a narrative about health**

Ton Baars

10.00 **Health Promotion through Education**

Tomas Zdrazil

10.30 Short break

11.00 **Meetings and Discussions**

- a. Market place/ billboards with expertise on research of life forces
- b. Poster Sessions
- c. Small Group discussions
 1. What did we learn from the congress that is important for the future development of Anthroposophic Medicine?
 2. Where do we stand with the concepts, methods and implementation of life knowledge?
 3. Which questions do we have to answer in the next 10 years?
 4. How can we collaborate within and outside of Anthroposophic Medicine?

12.00 **Plenary Discussion with Questions and Mentimeter**

1. What did we learn from the congress that is important for the future development of Anthroposophic Medicine?
2. Where do we stand with the concepts, methods and implementation of life knowledge?
3. Which questions do we have to answer in the next 10 years?
4. How can we collaborate within and outside of Anthroposophic Medicine?

13.00 End

Workshops

Saturday, 10.00 - 13.00 (two rounds)

1. Methodology, *all available methodological speakers*
2. Diagnostics: Intuitive multidisciplinary healthcare meeting (assessing the whole picture of the patient), *Pim Blomaard*
3. Pharmacy, *Monica Mennet, Friederike Tews*
4. Psychotherapy: Researching the Archangel Michael's activity during the current world crisis as demonstrated in anthroposophic psychotherapy qualitative single case study research
John Lees
5. Physiotherapy, *Nicole Weerts, Gita van Duinen, Veruschka Huster*
6. Nursing, *NN*
7. Art therapy, *Hildrun Rolff*
8. Healthy education, *Tomas Zdrazil*

Postgr sessions

Saturday, 14.30 - 15.30

Sunday, 11.00 - 12.00

- Submission of poster presentations: open for all Anthroposophic Medicine research projects
- Submission to Erik Baars via E-mail, erik.baars@medsektion-ikam.org
- Deadline for submission: January 7, 2022
- Deadline reaction from reviewers: February 7, 2022
- Abstracts:
 - Max 350 words (excl. title and author and organization names)
 - Please supply:
 - Title
 - Name(s) of (co)author(s) and organization(s)
 - Abstract with the following headings:
 - Introduction
 - Methods
 - Results
 - Discussion/ Conclusion(s)

Booking Form

2RC

Research Conference

Studying and addressing Life in Medicine

A conference of the medical Section at the Goetheanum

from Friday, 4. to Sunday, 6. March 2022

Application requested prior to: Friday, 18. February 2022

Please complete the booking form and mail, fax or email to:

Goetheanum Empfang, Postfach, CH-4143 Dornach

Fax + 41 61 706 4446, Tel. + 41 61 706 4444 email tickets@goetheanum.org

Please fill out in block capitals!

Ms Mr

Name, first name _____

Billing address private address address of institution

if so, name of institution _____

Street, n° _____

Town _____

Postcode _____

Country _____

Phone/fax _____

Email _____

Occupation _____

The conference will be held in english, and will not be translated.

Conference ticket (including 1 lunch on March 5th, 22)

CHF 520 (with sponsorship¹)

CHF 360 (regular price)

CHF 230 (concessions²)

CHF 100 (students³)

Dinner on March 5th, 22)

CHF 25

Dinner on March 4th, 22)

free of charge

Food intolerance

Gluten

Lactose

Workshops 1st choice, n° _____ 2nd choice⁴, n° _____ 3rd choice⁴, n° _____

Parking at the Goetheanum Parking permit: CHF 14

Insurance Cancellation insurance (5% of the total costs, CHF 10 minimum)

See cancellation conditions in the General Information

Payment methods

on invoice (only Switzerland and Euro zone)

Credit card (all countries) Visa MasterCard

Card number: ____ / ____ / ____ / ____ Expiry date: ____ / ____

I agree to the terms of payment and cancellation.

Place, date, signature

¹ Should you be in a position to pay an additional amount, this would help to cover the costs of the conference and support the work of the section.

² Concessions apply for OAPs, the unemployed, those in training, military or civil service and people with disabilities who receive benefits. Proof of status has to be submitted with your booking form.

³ For students. Proof of status has to be submitted with your booking form.

⁴ When registering, your first choice is no longer open, is cancelled or will be cancelled, your second and third choice will be taken into account. If your first, second or third choice is full, we will try to contact you. Please look for updated information at the start of the conference.

Terms and Conditions will be sent on request or can be accessed online at:

https://www.goetheanum.org/fileadmin/vk/AGB_EN.pdf.

General Information

Research Conference

Studying and addressing Life in Medicine

A conference of the medical Section at the Goetheanum

from Friday, 4. to Sunday, 6. March 2022

Application requested prior to: Friday, 18. February 2022

Conference fees:

with sponsorship ¹ :	CHF 520
regular price:	CHF 360
concessions ² :	CHF 230
students ³ :	CHF 100

Conference meals

The lunch on March 5th, 22 is included in the conference price and cannot be deselected. The dinner on March 5th, 22 can be booked separately at a price of CHF 25. The dinner on March 4th, 22 will be offered by the section. The meals cannot be booked individually. Lactose and gluten-free meals can be provided; unfortunately, other food intolerances cannot be taken into account.

Parking permit

For the period of the conference: CHF 14 (not right next to the Goetheanum building). If you have a disability, please display your disability badge in your car.

Methods of payment/confirmation

In order to avoid credit card fees and large crowds, we ask you to settle the bills by bank transfer at least 5 days before the start of the event. Paid cards can be picked up at reception up to half an hour before the start of the event.

In the case of group registrations, the institution receives a collective invoice; Subsequent registrations can only be booked and billed individually.

Credit cards (all countries): The full amount will be charged to your credit card as soon as your booking has been processed. You will receive postal or email confirmation of your booking and payment.

Invoice Switzerland: Confirmation of booking and an invoice will be sent to you once your booking has been processed. Please note that we only send out invoices up until 10 days before the beginning of an event. After that, payment is only possible by credit card or on arrival.

Invoice Eurozone: Confirmation of booking and an invoice will be sent to you once your booking has been processed (Euro account) per email.

Other countries / non-EU: Payment only possible by credit card. After processing, a registration confirmation and debit confirmation will be sent by email.

Please note: the invoice amount must be received by us 5 DAYS before the start of the event.

Conference tickets: In order to avoid credit card fees and large crowds, we ask you to settle the bills by bank transfer at least 5 days before the start of the event. Paid cards can be picked up at reception up to half an hour before the start of the event. In addition to cash in CHF or €, we also accept VISA, MasterCard, ec-direct and Postcard Switzerland.

Cancellation: Bookings may be cancelled free of charge up to 14 days prior to the beginning of the conference (18.2.2022 date of posting). After that, 50% of the conference fee will be charged. Meals, and parking permit may be cancelled free of charge up to 1 day prior to the begin of the conference (3.03.2022). Cancellation on the day when the conference begins or failure to attend are subject to an invoice of the total of 100%. Substitutes will be accepted at no extra cost.

Cancellation insurance: Subject to a payment of 5% of total costs (CHF 10 minimum) full cancellation insurance can be taken out to cover illness (including dependent children and partner), job loss and force majeure. Please ask for our terms of insurance or visit www.goetheanum.org/fileadmin/vk/AVB_EN.pdf.

Data processing: All data will be electronically recorded and filed and not passed on to any third party.
